



DEADLY DOZEN – 25th October 2025

WAVE TIMES

SOLO

Time	NAME	SURNAME
08.00	Eunize	Engelbrecht
08.00	Katy	Gunter
08.00	Megan	Mcluckie
08.00	Ohna	Louw
08.00	Patience	Mushaya
08.00	Pulane	Kareli
08.00	Arrie	Van Der Berg
08.00	Cameron	Simon
08.00	Devin	Ramsden
08.00	Jason	Fourie
08.00	Justin	De Oliveira
08.00	Keegan	Brummer
08.00	Mike	Hewan
08.06	Shane	Smit
08.06	Simone	Jacobs
08.06	Zoe	Deloye
08.06	Mashudu	Raphunga
08.06	Michael	Hadebe
08.06	Muneer	Bham
08.06	Neil	Bester
08.06	Peter	Baker
08.06	Lerato	Moloi
08.06	Tabea	Poo
08.06	Vanitha	Kandier
08.12	Raees	Kajee
08.12	Thabo	Moloi
08.12	Thomas	Marx
08.12	Amy	Josset
08.12	Anna	Hanekom
08.12	Anneke	Jordaan
08.12	Ashleigh	Lewis
08.12	Wezi	Khumalo

08.12	Ashley	Gabriel
08.12	Asanda	Buza
08.12	Lindy	Mmeshane
08.12	Danel	Erasmus
08.18	Brittney	Oosthuizen
08.18	Chantal	Stock
08.18	Chipo	Mafaiti
08.18	Chwayita	Nyusani
08.18	Claretta	Hondo
08.18	Matthew	Dent
08.18	Sicelo	Champion
08.18	IZAK	VENTER
08.18	Thabiso	Kekana
08.18	Amos	Yele
08.24	Clementine	James
08.24	Cordelia	Mapfumo
08.24	Danette	Capper
08.24	Daniela	Savvas
08.24	Dee	Joubert
08.24	Diana	Mudenha
08.24	Oko	Qwesha
08.24	Tonderai	Mujeni
08.24	Sean	Watts
08.24	Martin Mmilidzi	Maika
08.24	Maximus	Obiaghara
08.24	Willem Hendrik	Erasmus
08.30	Dimakatso	Calisa
08.30	Esmeralda	Smuts
08.30	Farah	Banks
08.30	Franci	Barwise
08.30	Alef	Meulenberg
08.30	Andre	Engels
08.30	Andre	Strydom
08.30	Andrew	Glass
08.30	Geeta	Bullah
08.30	Vaishali	Desai
08.30	Lerato Justice	Montsi
08.36	Gabrielle	Macridis
08.36	Geraldine	Lourens
08.36	Giada	Del Fabbro
08.36	Gloria	Noganta
08.36	Grace	Mutero
08.36	Helen	Johnston
08.36	Anton	Verhoog
08.36	Cameron	Perry
08.36	Charl	Meyer

08.36	Christo	Van Heerden
08.36	Christopher	Lipawsky
08.36	Craig	Hean
08.42	Ivone	Govender
08.42	Jacqueline	Twiggs
08.42	Jasmeen	Mopp
08.42	Jaydene	Potgieter
08.42	Jeanne	Stellaard
08.42	Jordan	Bresler
08.42	David	Plaks
08.42	Donald	Southgate
08.42	Dylan	Horsfall
08.42	Fanie	Labuschagne
08.42	Frankie	Coda
08.48	Kay	Mtemererwa
08.48	Kaylee-Ann	Jacobs
08.48	Kelsey	Liebenberg
08.48	Keren-Amy	Laughton
08.48	Khanyisa	Stengile
08.48	Khumo	Leotwane
08.48	Glenn	Ambrose
08.48	Graham	Parker
08.48	Grant	Murray
08.48	Jacques	Jordaan
08.48	Jason	Fritz
08.54	Kudzai	Chikwanda
08.54	Lelanie	Higgs
08.54	Leone	Mostert
08.54	Lesego	Mogale
08.54	Lydia	Ndlovu
08.54	Marinda	Van Stryp
08.54	John	Kayembe
08.54	Joshua	Lew
08.54	Khumo	Boloang
08.54	Kyle	Schutte
08.54	Lance	Smith
08.54	Leroy	Kruger
09.00	Matsie	Setumo
09.00	Michelle	Tatenda Machisa
09.00	Nadia	Njomba
09.00	Nicole	Correia
09.00	Nicole	Hall
09.00	Nompumelelo	Mthimkulu
09.00	Luthando	Xoyana
09.00	Martin	Mostert
09.00	Matt	Cressy

09.00	Matt	Hoal
09.00	Mthokozisi	Ncube
09.06	Nonhlakanipho	Tau
09.06	Petro	Smith
09.06	Puseletso	Senne
09.06	Raquel	Rocha
09.06	Sam	Reiche
09.06	Samuke	Dube
09.06	Mzamo	Mnguni
09.06	Natius	Moolman
09.06	Neil	Van Niekerk
09.06	Nick	Andrievskiy
09.06	Nico	Van Zyl
09.06	Nicolaas	Nieuwenhuizen
09.12	Sara	Kadish
09.12	Shiria	Lubbe
09.12	Simone	Henning
09.12	Simphiwe	Ntsele
09.12	Stacey	Le Roux
09.12	Stacey	Stewart
09.12	Nkululeko	Nkosi
09.12	Olufemi	Johnson
09.12	Pierre-Aurélien	De Sèze
09.12	Reinhardt	Van Tonder
09.12	Riekirt	Venter
09.12	Renier	Olivier
09.18	Stef	Mckenzie
09.18	Susan	Vundu
09.18	Sylvia	Muyambo
09.18	Thando	Msimang
09.18	Unathi	Holomisa
09.18	Vanessa	Botha
09.18	Shakeel	Mulla
09.18	Shaun	Fredericks
09.18	Sikhosonke	Tsobo
09.18	Stefan	Nothnagel
09.18	Stelio	Houndalas
09.18	Theo	Van Stryp
09.24	Welmari	Sykes
09.24	Zandile	Nombula
09.24	Tofara	Mutsungi
09.24	Ubaid	Feroz
09.24	Wandisile	Nongodlwana
09.24	Warren	Venketas
09.24	Zama	Tshabalala
09.24	Julie	Kamte-Heumou

09.24	Belinda	Netshipise
09.24	Zama Pretty	Maepane
09.24	Thandeka	Tyebileyo
09.24	Gustav	Schillig
09.24	Surita	Schillig
09.30	Elizabeth	Zishiri
09.30	Elize	Van Heerden
09.30	Ziad	Limbada
09.30	Sally	Jacobs
09.30	Athi	Sizani
09.30	Machemo	Masekoameng
09.30	Sylvester	Asiamah
09.30	Alinde	Ngubane
09.30	Francois	van Zyl
09.30	Anton Russell	Reyneke
09.30	Bruno	Quebra
09.30	Tumi	Sekete
09.36	Neelechia	Botha-van Zyl
09.36	Phila	Gcisa
09.36	Kwandokuhle	Ncube
09.36	Salome	Manganye
09.36	Kaylin	Dingle
09.36	Leani	Schaffner
09.36	Athenkosi	Ngoro
09.36	Vhutali	Khwashaba
09.36	Hamza	Moosa
09.36	Thandabantu	Mpungose
09.36	Tawanda	Zimbiti
09.42	Emely	Tembe
09.42	Portia	Muyunda
09.42	Thando	Thabethe
09.42	Bonisiwe	Ximba
09.42	Nadia	Bhabha
09.42	Ammaarah	Wadee
09.42	Vincent	Ntuli
09.42	Obakeng	Mahura
09.42	Johann Henri	Breitenbach
09.42	Tebogo	Mhlongo
09.42	Lesedi Junior	Pule
09.42	Liyanda	Sondlo
09.48	Alicia	Lafond-Van Der Merwe
09.48	Amonge	Sinxoto
09.48	Anzani	Mudumela
09.48	Marang	Maithufi
09.48	Zanele	Macozoma
09.48	Waseem	Ashraf

09.48	Kgotso	Moagi
09.48	Tebogo	Mhlongo
09.48	Zanele	Macozoma
09.48	Lesedi Junior	Pule
09.48	Liyanda	Sondlo
09.54	Chanté	Enslin
09.54	Chere	Joubert
09.54	Courtney	Mallett
09.54	Courtney	Robertson
09.54	Francisca	Gissing
09.54	Gabi	Mailula
09.54	Adnaan	Patel
09.54	Arshad	Jogie
09.54	Bongane	Maluleka
09.54	Bradley	Abels
09.54	Rikki	Barnes
10.00	Hlengiwe	Mbatha
10.00	Husnaa	Jassat
10.00	Ine	Vanseveren
10.00	Joanna	Cendrowska
10.00	Kashmira	Parbhoo
10.00	Kelebogile	Modise
10.00	Brendan	Ohagan
10.00	Chris	Van Rooyen
10.00	Darren	Smit
10.00	Divan	Brits
10.00	Eric	Loubser
10.00	Fulufhelo	Miswe
10.06	Lamiese	Dearham
10.06	Lebohang	Tsobo
10.06	Leigh	Van Eck
10.06	Lelethu	Ndakisa
10.06	Lynda	Mccabe
10.06	Maegan	Abels
10.06	Heman	Kassan
10.06	Jethro	Moller
10.06	Katlego	Makgabo
10.06	M.Bilal	Panchbhaya
10.06	Mdu	Dlamini
10.12	Marinna	Patao
10.12	Maryke	Bowker
10.12	Melandri	Du Plooy
10.12	Michelle	Meyer
10.12	Mikaela	Visagie
10.12	Nicole	Patao
10.12	Merrick	Stevenson

10.12	Michael	Boshoff
10.12	Michael	Humphries
10.12	Mohammed	Saleh
10.12	Nezaam	Laher
10.12	Obakeng	Rapoo
10.18	Nozipho	Dlamini
10.18	Ntomboxolo	Kayingana
10.18	Obakeng	Maseko
10.18	Palesa	Mabuye
10.18	Pauline	Baloyi
10.18	Paul	Gissing
10.18	Pieter	Strydom
10.18	Raj	Rawjee
10.18	Reiko	Roodman
10.18	Sipho	Mnguni
10.18	Barry	Crossan
10.18	Donna	Crossan
10.24	Phindile	Twala
10.24	Pricillac	Seamelando
10.24	Ronelle	Van Tonder
10.24	Samantha	Mainland
10.24	Senna-Lee	Jacobs
10.24	Shalane	Botha
10.24	Siyasanga	Nonzaba
10.24	Tshegofatso	Mmahlatji
10.24	Tumelo	Masunte
10.24	Uwais	Dawgie
10.24	Winray	Christoffels
10.24	Shayjal	Govind
10.30	Shannon	Du Preez
10.30	Shelley	Dowdle
10.30	Sherley	Sewnarain
10.30	Sibusiso	Swartbooi
10.30	Sinethemba	Ntshangase
10.30	Sipiwe	Majaja
10.30	Tatenda	Mpofu
10.30	Innocent	Gwaza
10.30	Takudzwa	Marewangepo
10.30	Shaun	Keys
10.36	Susan	Rowan
10.36	Tagen	Timms
10.36	Tamara	Qwatekana
10.36	Tasneem	Hoosen
10.36	Tebogo	Matimatjatji
10.36	Thandeka	Dhlamini
10.36	Martin	Kamte-Heumou

10.36	Tshilidzi	Mudau
10.36	Tshepo	Maieane
10.36	Calvin	Mabitla
10.42	Thuli	Mofokeng
10.42	Yolande	Genade
10.42	Zintathu	Nqweni
10.42	Marianka Wilma	Fourie
10.42	Amy	Scherwitz
10.42	Yolanda	Rachmann
10.42	Thabo	Seetso
10.42	Lesiba	Mudau
10.42	Sizwe	Ndlovu
10.42	Nthgabiseng	Nqovana
10.48	Samantha	Reyneke
10.48	Sasha	Reyneke
10.48	Natalie	Reyneke
10.48	Philisiwe A	Hlophe
10.48	Cecilia	Van Eeden
10.48	Robyn	Armfield
10.54	Yasmeen	Lunat
10.54	Tasneem	Salie
10.54	Tshwanelo	Rakaibe
10.54	Muneerah	Khan
10.54	Carla	Lombard
10.54	Busisiwe	Mzandoto
11.00	Philotte	Inamweza
11.00	Boitshoko	Lekgari
11.00	Phumelele	Khanyi
11.00	Nomsa	Zungu
11.00	Nompilo	Zondi
11.00	Linda	Sikweza
11.00	Fezeka	Maqungo



DOUBLES

Time	NAME	SURNAME	Time	NAME
11.30	Adel	Dreyer	Esther	Joubert
11.30	Candice	Safi	Denise	Luppnow
11.30	Carly	Saaijman	Taylor	Badenhorst
11.30	Ilisa	Waksman	Meagan	Dos Santos
11.30	Karen	Charlton	Andrea	Lubbe
11.30	Kaylee	Wilmans	Sheree	Vosloo
11.30	Andre	Vosloo	Joshua	Myburgh
11.30	Charl	Burger	Dylan	Crouse
11.30	Craig	Reichman	Julian	Reichman
11.30	Justin	de Oliveira	Raees	Kajee
11.30	Lohan	Swart	Mareli	Swart
11.36	Natasja	Van Heerden	Tatijana	Ignjatov
11.36	David	Bethell	Martin	Smith
11.36	Duane	Charlton	Warren	Van Rooyen
11.36	Eric	Salzmann	Zandre	Banks
11.36	Frans	Matthys	Jonty	Matthys
11.36	Garrick	Wilmans	James	Crouse
11.36	Mpho	Mailane	Keabetswe	Molapisi
11.36	Juan-Mari	Bezuidenhout	Charmaine	Jacobs
11.36	Christelle	van der Walt	Michelle Lesley	Smith
11.36	Fatima	Carrim	Nabeelah	Ismail
11.36	Farzana	Banks	Corinna	Meyer
11.42	Lance	Kier	Paul	Koffler
11.42	Leroy	Smith	Neville	Haarhoff
11.42	Nkanyiso	Buthlezi	Siphesihle	Maseko
11.42	Sbusiso	Dlamini	Siya	Nkonyane
11.42	Bukhosi	Shabalala	Sibongile	Siyale
11.42	Saabera	Motara	Sumayah	Waja
11.42	Alia	Ismail	Shihaam	Van Schalk
11.42	Alicia	Pollock	Jennifer	Ver Burgh
11.42	Allison	Thompson	Nadine	Bodley
11.42	Amanda	Der	Louise	Gierschick
11.42	Claire	Truter	Lucy	Lambert
11.48	Claudia	Rheeder	Thabo	Mogoje
11.48	Hester	Kotzee	Peet	Kotzee
11.48	Jonathan	Bigham	Kirsten	Kerr
11.48	Jonathan	Vosloo	Lucine	Moolman
11.48	Monre	Fourie	Lo-Mari	Niemand
11.48	Amanda	Meyer	Anna	Pretorius

11.48	Anathi	Gwele	Tebogo	Tlala
11.48	Andrea	Burmeister	Melany	Lotter
11.48	Andriette	Kilian	Lizelle	Pieters
11.48	Ayanda	Mabindisa	Palesa	Molomo
11.48	Bianca	Els	Erin	Reid
11.54	Sipho	Ndumndum	Soné	Brink
11.54	Bronwen	Turner	Catherine	Turner
11.54	Candice	Havenga	Michelle	Du Randt
11.54	Carna	Scheepers	Kayla	Myburgh
11.54	Catherine	Albertyn	Nadia	Gouws
11.54	Catherine	Comninos	Cary	Sweetman
11.54	Cebisile	Khumalo	Teboho	Thatelo
11.54	Pieter	Smith	Wesley	Henning
11.54	Rozen	Boloka	Leelyn	Matthews
11.54	Zanokuhle	Radebe	Siyabonga	Dlamini
11.54	Justin	Philp	Nicholas	Markram
12.00	Chanel	Labuschagne	Ena	Grobler
12.00	Cherise	Stoltz	Michelle	Fick
12.00	Chevan	Cree	Xandi	Barnard
12.00	Conny	Phala	Vanessa	Ngolomi
12.00	Corlia	Bellingan	Monezta	Bouwer
12.00	Daniella	Kilfoil	Nicola	Lahoud
12.00	Andrew	Talbot	Waldo	Vivers
12.00	Anthony	Pye	Wayne	Elliott
12.00	Arnold	Heymans	Gareth	Robertson
12.00	Daniel	Berman	Jared	Krain
12.00	David	Mc Ardle	James	Durant
12.06	Danielle	Gal	Monique	Cronje
12.06	Deidré	Jooste	Elisca	Pistorius
12.06	Elné	Naude	Riette	Van Zyl
12.06	Elouise	Van De Luytgaarden	Laura	Coda
12.06	Emily	Fritz	Kgomotso	Mooko
12.06	Erica	Pierce	Carolyn	Missing
12.06	Devlin	Conway	Quinton	Rowell
12.06	Dewald	Kotze	Wesley	Gorman
12.06	Gerhard	Olivier	Renier	Olivier
12.06	Glen	Groenewald	Mike	Hopton
12.06	Hoosain	Lalken	Sulaiman	Jakoet
12.12	Feziwe	Ludidi	Thandi	Nkosi
12.12	Fikile	Nkonde	Kagiso	Ramohlale
12.12	Franca	Jardim	Kayla	Jardim
12.12	Gabrielle	Macridis	Megan	Mcluckie
12.12	Helene	Van Der Merwe	Syann	Long
12.12	Humaira	Chenia	Raadiya	Haffejee
12.12	Jaco	Crous	Vishern	Debbiky
12.12	Jacques	Du Toit	Mohammed	Variava

12.12	Jan-Hendrik	Nieuwoudt	Donavin	Reynolds
12.12	Jason	Webb	Richard	Crossman
12.12	Jason	Yutar	Roscoe	Segers
12.18	Janice	Johnsen	Rachel	Haupt
12.18	Jénice	Bredenhann	Eileen	Bredenhann
12.18	Jenny	Potgieter	Sarien	Kirstein
12.18	Kadene	Clarke	Konanani	Magatshavha
12.18	Kasia	Muzyk	Kim	Mckenzie
12.18	Keketso	Ndou	Boitumelo	Maodi
12.18	Jonathan	Lindeque	Mark	Sanders
12.18	Kwanele	Mmango	Sisa	Ngcwangu
12.18	Mark	Riesnik	Darryl	Oberstein
12.18	Martin	Brits	Rynhardt	O?Kennedy
12.18	Michael	Miller	John	Argyle
12.24	Khethiwe	Mtshali	Patricia	Kgotleng
12.24	Kimberley	Topham	Roelien	Hettema
12.24	Kirsty	Standing	Sunelle	Louw
12.24	Kristen	De Beer	Tasha	Labuschagne
12.24	Lauren	Haarhoff	Zoe	Smyrnios
12.24	Lauren	Heidt	Sam	White
12.24	Michael	Pretorius	Neville	Stanton
12.24	Mike	Burger	Herman	Vd Merwe
12.24	Monthati	Mahura	Obakeng	Mahura
12.24	Nicholas	Gobey	Ross	Anderson
12.24	Nkosinathi	Msiza	Tshepo	Mataboge
12.30	Leandré	Potgieter	Margo	Meyer
12.30	Leanne	Rentroia	Shanei	Mostert
12.30	Louise	Amiras	Elaine	Van Vollenstee
12.30	Louise	Rheeder	Retha	Diedericks
12.30	Ludivine	Huet-Haupt	Tracey-Lee	Johnson
12.30	Lumengo	Mngomezulu	Michelle	Perkins
12.30	Riccardo	Fiorentina	Robert	Freeme
12.30	Sibulele	Ginyizembe	Tony	Mmabe
12.30	Sojah	Semetjane	Lehlohonolo	Khala
12.30	Stephen	Marshall	Tommy	De Ponte
12.30	Aeryn	Williams	Zane	Band
12.36	Lynetter	Cronk	Tania	Van Der Meulen
12.36	Mandi	Baard	Stefanie	Zeeman
12.36	Mardulate	Kgasago	Masefako	Modiba
12.36	Micayla	Powell	Taryn	Marsh
12.36	Minnie	Busane	Luyanda	Oberholzer
12.36	Mpho	Mulovhedzi	Morongwa	Malahlela
12.36	Alejandro	Hamuy	Hannah	Subramony
12.36	Alison	Kennedy	Grant	Kennedy
12.36	Anthony	Van Aswegen	Celine	Van Niekerk
12.36	Anton	Fourie	Juanita	Fourie

12.36	Arshaad	Sima	Charne	Loots
12.42	Nabeelah	Essof	Attiya	Docrat
12.42	Natalie	Lai	Pauline	Karfor
12.42	Natalie	Ralphs	Sheryl	Muller
12.42	Nomfundo	Maphumulo	Lerato	Gumede
12.42	Palesa	Pohotona	Dimakatso	Kgwedi
12.42	Priya	Pillay	Vonani	Mkhombo
12.42	Barbara	Greig	Kevin	Greig
12.42	Berty	Dyk	Natalie	Bounds
12.42	Bradley	Dube	Nolwazi	Ngubane
12.42	Brandon	Skinner	Claudia	Skinner
12.42	Fiona	Arthur	Dean	Arthur
12.48	Rianet	Whitehead	Sanet	Visagie
12.48	Shayista	Ahmed	Farzanah	Khan
12.48	Shelley	Roberts	Tammy	Wolhuter
12.48	Thato	Chiloane	Madri	Meintjes
12.48	Theressa	Okennedy	Lizé	Janse Van Rensburg
12.48	Tsholo	Magape	Paulina	Matamela
12.48	Carmen	Introna	Tristan	Smith
12.48	Charlene	Moller	Jordan	Moller
12.48	Charles	Grant	Colette	Hassim
12.48	Cody	Thomson	Ashley	Burke
12.48	Daniel	Zinzombe	Tshego	Mabunda
12.54	Zuziwe	Khuzwayo	Justine	Anne Bark
12.54	Danielle	Kotze	Edgar	Brown
12.54	Dirk	De Klerk	Mariaan	Payne
12.54	Dwayne	Jacobs	Isabela	Buysse
12.54	Dylan	Miller	Laura	Shamley
12.54	Elpa	Grobler	Ronan	Van Helsdingen
12.54	Katherine Elizabeth	Bezuidenhout-Arthur	Gia	Ireland
12.54	Grace	Moyo	Thembakazi	Melani
12.54	Kacey	Horner	Emma	Field
12.54	Kaylee	Brummer	Marina	Brummer
12.54	Lebohang	Hlengethwa	Wendy	Masegare
13.00	Erleen	Coetzee	Dirk	Coetzee
13.00	Glen	Burnet	Jessica	Burnet
13.00	Grant	Caister	Kristin	Graaff
13.00	Hannah	Leatherbarrow	Dandre	Fouche
13.00	Jessica	Cabanita	Nelson	Cabanita
13.00	Dimpho	Senkoto	Thabisa	Matanzima
13.00	Aphiwe	Mtsolongo	Elelwani	Mbadaliga
13.00	Cherise	Foster	Sheree	Botha
13.00	Angelique	Carlinsky	Zenani Kagiso	Zwane
13.00	Nicole Marie	Waddell	Jean	Meyer
13.00	Khanyisile	Mkhwanazi	Nokulunga	Mabhena
13.06	John	Beck	Luisa	Beck

13.06	Kaelo	Kgwele	Olive	Monyai
13.06	Karyn	Da Silva	Vitor	Da Silva
13.06	Keenan	De Kock	Lemeez	De Kock
13.06	Kerryn	Hayter	Sean	Mumford
13.06	Daniella	Kilfoil	Nicola	Lahoud
13.06	Marike	Wepener	Vanessa	Peters
13.06	Nokuthula Bevelyn	Biyana	Polite	Jambwa
13.06	Nicola	Rainsford	Caitlyn	Greve
13.06	Aadilah	Lambat	Carolyn	Trollope
13.06	Janna	Van der Westhuizen	Penny	van vreden
13.12	Maria	Van Niekerk	Roche	Van Niekerk
13.12	Narayan	Moodley	Octavia	Benecke
13.12	Nicky	Feliciano	Warren	Feliciano
13.12	Nondumiso	Mdodana	Sulezi	Mdodana
13.12	Raveen	Rampersad	Taahira	Ebrahim
13.12	Samantha	de Wet	Amanda	Plowman
13.12	Anneriska	Harris	Lizelle	Swanepoel
13.12	Nniny	Tlhone	Liana	Mccloghrie
13.12	Simphiwe	Ntsele	Nomtha Lolwethu	Njamela
13.12	Michelle	Chigudu	Kundai	Zimbiti
13.12	Adrienne	Melnick	Deborah	Morgan
13.18	Robyn	Allen	Steven	Routledge
13.18	Safoora	Begum	Thapedi	Rapakgadi
13.18	Sanele	Khusani	Mwayi	Mphalalo
13.18	Sherine	Vaglietti	Justin	Moller
13.18	Thato	Seabe	Zandile	Motau
13.18	Khutso	Muparutsa	Althea	Greenland
13.18	Mel	Ntsoereng	Ebenezer	Ntsoereng
13.18	Stephanie	du Toit	Nicole	Borges
13.18	Hugonette	Richter	Kendra	Smit
13.18	Emihle	Mapekula	Aqeela	Kajee
13.18	Lungile	Mulaudzi	Karabo	Siyila
13.24	Aimee	Buissinne	Cornelia	Hutten
13.24	Aimee	Pohlmann	Luzaan	Potgieter
13.24	Akhona	Ndamase	Nolo	Tsotetsi
13.24	Zee	Jackson	Duncan	Armstrong
13.24	Cawekazi	Nqabeni	Monique	Camacho
13.24	Christo	de Klerk	Pierre	van Tonder
13.24	Jalencke	Coetzee	Christian	Coetzee
13.24	Russ	Curtis	Ronelle	Viljoen
13.24	Shani	De Witt	Juan-Marié	Herbst
13.24	Teneal Jude	Button	Simone	Conradie
13.24	Kirsten	Thomas	Storm	Warmback
13.24	Antonio	Abreu	Damien	Roberson
13.30	Aindrea	Ballman	Nadia	Lopes
13.30	Alda	Wharren	Darian-Leigh	Wharren

13.30	Andrea	Lloyd	Monique	Barnard
13.30	Anele	Mkhize	Np	Hlatshwayo
13.30	Angelique	Bester	Shanri	Johnson
13.30	Anneke	Grobler	Nicky	Meyring
13.30	Nommiselo	Buti	Azola	Buti
13.30	David Fabian	Foster	Reginald Rashid	Ayer
13.30	Brian	Dennehy	Kgomotso	Moerane
13.30	Ntombi	Shabalala	Bheki	Hlongwane
13.30	Mpho	Mvelase	Tshepo	May
13.36	Ashleigh	Proudfoot	Kyla	Webb
13.36	Belinda	Labuschagne	Leandri	Van Rooyen
13.36	Belinda	Youngleson	Jessica	Fletcher
13.36	Bernice	Riekert	Wanda	Grobler
13.36	Bianca	Mumford	Claudia	Smith
13.36	Boingotlo	Madonsela	Thanolo	Sima
13.36	Bernhard	Gerhardus	JanCo Jacobus	Pitzer
13.36	Dario	Borges	Helder	Quebra
13.36	Annie	Thornton-Dibb	Oliver	Krynauw
13.36	Allistair	Watson	Angela	Ghemo
13.36	TAAHIR	DOCKRAT	FAATIMA	HAFFEJEE
13.42	Bridgett	Majola	Tumelo	Munzhelele
13.42	Bruna	Jacobs	Andi	Anderson
13.42	Bukiwe	Kabi	Thulebona	Mhlanga
13.42	Carla	Swanepoel	Carla	Van Wyk
13.42	Caron	Olivier	Ilandi	Gordon
13.42	Carri-Ann	Hartwig	Charne	Rhodes
13.42	Nicqui	Boshoff	Marius	Boshoff
13.42	Mthokozisi	Ncube	Masechaba	Netshilema
13.42	Camille	Gardiner	Enslin	Gardiner
13.42	Dina	Mehakovic	Reiner	Olivier
13.42	Ziad	Limbada	Zaydaan	Dendar
13.48	Catherine	Strydom	Melissa	Pretorius
13.48	Cebile	Nthombela	Fortunate	Sebulele
13.48	Chanele	Jenkinson	Rekgabile	Sito
13.48	Chante	Elias	Sumaiya	Jeena
13.48	Chantel	Du Plessis	Sylvia	Mac Mahon
13.48	Chantelle	Viljoen	Alicia	Schoeman
13.48	Jeffery	Gregs	Collet	Shibiti
13.48	Christoper	de Wet	Byron	Plowman
13.48	Kgomotso	Moerane	Brian	Dennehy
13.48	Portia Faith	Ngwenya	Thabo	Xawuka
13.48	Lindiwe	Dube	Simphiwe	Dasha
13.54	Danika	Wright	Tarryn	Paul
13.54	Deborah	Van Wyk	Margie	Fallon
13.54	Dinemarie	Van Heerden	Lanelna	Gouws
13.54	Fatima	Hansrod	Safiyya	Bhyat

13.54	Fatima	Khan	Muneerah	Khan
13.54	Florence	Dweba	Ingrid	Da Fonseca
13.54	Phumla	Thebe	Denzhe	Makungo
13.54	Brenda	Phaahla	Tshepo	Ngwenya
13.54	Carien	Fourie	Clark	Fourie
13.54	Ryan	BezuidenHout	Gerhard	Olivier
13.54	Tshepo	Maieane	Tracey	Khunou
14.00	Gemma	Naidoo	Kira	Naidoo
14.00	Gina	Miliotis	Laura	Bartie
14.00	Gomotsang	Matshwane	Betty	Mahlangu
14.00	Jacci	Sadler	Nadia	Kruger
14.00	Jacqueline	Ross	Elaine	Breitenbach
14.00	Jade	Greyling	Mika	Nel
14.00	Arthur	Ross	Sheldon	Phelan
14.00	Dawid	Venter	Wynand	Wessels
14.00	Jarod	Labuschagne	Kayle	Moller
14.00	Nick	Cronje	Monique	Cronje
14.00	Tshepo	Mfunwana	Letlhogonolo	Nakedi
14.06	Jeanine	Wallace	Kristin	Bayasgalan
14.06	Jenna	Olendski-Brown	Melissa	Bigham
14.06	Jole	Strydom	Natasha	Kelly
14.06	Jóvanet	Van Der Merwe	Stephanie	Oosthuizen
14.06	Julie	Gunn	Silvia	Pepe
14.06	Kaitlin	Burger	K	Schmidt
14.06	Mthandazo	Mthembu	Thabiso	Maedi
14.06	Nelandran	Moodley	Tishan	Moodley
14.06	Riyaadh	Essof	Muhammed	Ziyaad
14.06	Stuart	Hudson Lamb	Fa	Rank
14.06	William	Hewlett	Graham	Hewlett
14.12	Kholofelo	Ramoshaba	Pheladi	Masonta
14.12	Kimeera	Moodley	Themika	Padayachee
14.12	Lara	Krain	Sasha	Krain
14.12	Laura	Jansen	Natasha	Morgado
14.12	Le-Ann	Mashaba	Tshegofatso	Tshetlanyane
14.12	Lerato	Gololo	Keneiloe	Mogoatlhe
14.12	Adrian	Dowie	Chantel	Dowie
14.12	Afikile	Hintsa	Aubrey	Chibi
14.12	Alfred	Ndlovu	Samantha	Mothoagae
14.12	Alicia	Fourie	Leroy	Fourie
14.12	Andisiwe	Mbiko	Siviwe	Sawuti
14.18	Lerato	Sambo	Takatso	Sekonyela
14.18	Lia	Kloss	Debz	Gray
14.18	Lihle	Ndaba	Silindile	Khumalo
14.18	Linda	Allworth	Terry-Leigh	Mclaren
14.18	Londi	Konisi	Sabrina	Higgins
14.18	Louise	Van Der Lingen	Chantelle	Bester

14.18	Benjamin	Nortman	Nicole	Herbert
14.18	Chanel	Slabbert	Dylan	Durant
14.18	Chanté	Bredenhann	Nathan	Webb
14.18	Chantelle	Miggels	Tshepo	Charly Tala
14.18	Feroza	Katz	Jabu	Ndlovu
14.24	Marnika	Nortje	Nijilka	Botha
14.24	Mathabiso	Mokone	Nombulelo	Mcethe
14.24	Maureen	Tashe	Thembeke	Maseko
14.24	Mbali	Ziphethe	Koketso	Moilwa
14.24	Melanie	Dawson	Melanie	Radcliffe
14.24	Michelé	Smit	Shantel	Venter
14.24	Halima	Randera	Cox	Sikumba
14.24	Lee	Oliver	Alicia	Pienaar
14.24	Lizelle	Squirra	Jean-Pierre	Squirra
14.24	Marike	Hollander	Ronnie	Goodman
14.24	Nicola	Venter	Vaughn	Venter
14.30	Michelle	Da Costa	Talita	Da Costa
14.30	Monique	Geyer	Katelyn	Williams
14.30	Morongwa	Mashao	Sepedi	Sithole
14.30	Nicole	Sanders	Tammy	Jackson
14.30	Nosipo	Buti	Phakama	Sigidi
14.30	Ntsikakazi	Mxenge	Zuzi	Seoka
14.30	Oamogetse	Gontse	Rebaona	Mokgadi
14.30	Robin	Claassen	Sheldon	Archibald
14.30	Sithembiso	Motha	Keneilwe	Kwakwa
14.30	Stancia	Langesa	Mduduzi	Dlangamandla
14.30	Zaaheda	Lorgat	Farouk	Dawgie
14.36	Nyawasedza	Madavha	Zukiswa	Dlamini
14.36	Ronelle	Van Tonder	Kim	Brown
14.36	Rotondwa	Mudau	Vuledzani	Madilonga
14.36	Smangele	Buthlezi	Thembeke	Mjadu
14.36	Thobile	Lukope	Nontobeko	Ngobese
14.36	Tlangi	Mbokodo	Nobuntu	Nogcantsi
14.36	Adrienne	Melnick	Richard	Buttle
14.36	Megan	Riddell	Clinton	Riddell
14.36	Tershwin Jody-Lee	Billings	Reverend Dudley	Naude
14.42	Vanessa	Sofianos	Sally	Cullen
14.42	Vuyiswa	Khutlang	Rudzani	Nare
14.42	Yumna	Hattia	Khadija	Hattia
14.42	Bianca Monique	Buchanan	Tilyn Jade	Phillips
14.42	Chandre'	De Beer	Maritza	Broodryk
14.42	Lee-Chay	Coombs	Carllia	Foster
14.42	Zakhir	Khan	Zahra Ismail	Dawgie
14.42	Thapelo Bonginkosi	Duma	Lethabo Sabelo	Duma
14.42	Tshepo	Maieane	Tracey	Khunou
14.48	Tanith	El-Alam	Clare	Tennant

14.48	Chanté	Enslin	Ilissa	Labuschagne
14.48	Jani	Fourie	Mia	Vermaak
14.48	Runeshia	Kotiah	Catherine	Hendriks-Booi
14.48	Adri	Tolmay	Annetjie	Lubbe
14.54	Dineo	Phasha	Khitha	Magwentshu
14.54	Miche	Carstens	Lynette	Walsh
14.54	Nomthandazo	Mahlangu	Nomzamo Seluleko	Dlamini
14.54	Tracey	Khunou	Tshepo	Maieane
14.54	Mitchelle	Maleka	Zamafiso	Nombulelo
14.54	Cheríé	Pretorius	Jessica	Aylward
14.54	Clifford	Motholo	Tatenda	Makamanzi



RELAYS

Time	NAME	SURNAME	NAME 2	SURNAME 2	NAME 3	SURNAME 3	NAME 4	SURNAME 4
15.30	Adriette	Barrett	Jason	Barrett	Marc	Venter	Mignon	Swanepoel
15.30	Amanda	V. d. Westhuizen	Jana	Heinz	Michelle	Buitendag	Savanna	Southey
15.30	Amina	Dindar	Shaakira	Ajam	Sheela	Chita	Shibnam	Mottiar
15.30	Angel	Ngwenya	Nokwanda	Chauke	Tumi	Motau	Patience	Msiza
15.30	Irfaan	Adam	Feroz	Ebrahim	Riyaadh	Janndeen	Faheem	Patel
15.30	Zakariyyaa	Mohamed	Zaheer	Daya	Aasif	Osman	Abdul	Kayyum
15.30	Anita	Venter	Izak	Venter	Suzette	Venter	Petrie	Schnetler
15.30	Anne	Kruger	Janine	Futselaar	Rob	Futselaar	Simone	Mcdonald
15.40	Anika	Harmse	Nienke	Chalmers	Tanya	Schutte	Cherise	Breytenbach
15.40	Christie	Hewlett	Eve	Berriman	Michelle	Kirsten	Rosseett	Mogole
15.40	Ezmarelda	Redelinghuys	Gisela	Tiedt	Michelle	Van Den Berg	Vanessa	Hoorneit
15.40	Idelette	Mulder	Izelle	Du Toit	Nicola	De Bruyn	Thalene	Hanekom
15.40	Zoie	Segers	Nadine	Clarke	Pearl	Mashoene	Priyanka	Govender
15.40	Lufuno	Matodzi	Alice	Bepat	Mathapelo	Kekana	Mpho	Matodzi
15.50	Dale	Harley	Roxanne	Harley	Jaydin	Scholtz	Adrienne	Lees-Smith
15.50	Déan	Herman	Jana	Nel	Philip	Nel	Wilma	Nel
15.50	Gerjo	Schreuder	Jurgens	Der	Maryke	Viljoen	Eloïse	Sadler
15.50	Graham	Parker	Kaylee-Ann	Jacobs	Ryan	Taylor	Ivone	Govender
15.50	Shakeel	De boer	Uzair	Adam	Riyaad	Mamdoo	Riaan	Hassim
15.50	Nolitha	Grey	Refiloe	Mokone	Vuyo	Jacob	Khanya	Matshikwe
16.00	Alfred	Hoyer	Dean	Widdop	Dean	Labuschagne	Ruan	Erikson
16.00	Muhammed	Chothia	Fareed	Khan	Shehzaad	Khan	Waseem	Fakir
16.00	Angelica	Botes	Aphelete	Twele	Natalie	Gillies	Tristan	Johnson
16.00	Bjorn	Whittaker	Candice	Ragavan	Jaafer	Mohamed	Demi	Wertheimer
16.00	Charl	Fouché	Johlee	Schoeman	Nico	Schoeman	Sanelisiwe	Mbatha
16.00	Christian	Chemaly	Christina	Papatheodorou	Robyn	Kok	Siya	Thabethe
16.00	Maryna	Labuschagne	Geraldine	Erikson	Jacqueline	Widdop	Moniqye	Hoyer
16.10	Aatiqa	Khota	Asmaa	Jada	Deepti	Darji	Tasneem	Fakie
16.10	Abigail	Mendes-Dalziel	Darrelia	Glennistor	Nadine	Joubert	Tiffany	Cross
16.10	Andrea	Smith	Kisha	Liddle	Teneal	Smit	Bianca	Engelbrecht
16.10	Aurora	Pakkies	Refilwe	Mothiba	Christinah	Nosengela	Lindiwe	Mmatladi
16.10	Botshepi	Mokwana	Charmaine	Chingono	Lebonwe	Moilwa	Lerato	Pila
16.10	Chardonnay	Bessit	Farhana	De Almeida	Farzana	Essak	Letitia	Van Rheedee
16.20	Christie-Anne	Loffler	Gillian	Pacheco	Lindsey	Ollewagen	Nicola	Strapp
16.20	Cwayita	Magwegwe	Gugulethu	Mtshali	Nosiphiwo	Balfour	Shoeshoe	Mosala
16.20	Dumsile	Ntimba	Julia	Mashala	Nerishini	Naidoo	Nomusa	Mkhuzangwe
16.20	Jabu	Chigova	Odite	Robertson	Fifi	Mogorosi	Tsidi	Gude
16.20	Jane	Raggett	Margaret	Arnold	Monika	Clark	Toni	Joyce